# MEDIA REPORT

TORONTO REHABILITATION INSTITUTE

**DECEMBER 2019** 



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925M impressions



100 media outlets



980 earned media stories



54 UHN News Stories TRADITIONAL MEDIA-THE NUMBERS

### **EXECUTIVE SUMMARY**

This media report summarizes and highlights print and broadcast media coverage that Toronto Rehab and the Kite Research Institute have earned this year. Toronto Rehab has established itself as a leader in both rehabilitative research and care, transforming the lives of people living with the effects of disability, illness and aging.

This year, our earned media coverage reflected this success. Our experts were at the forefront of rehab news stories across Canada, appearing in national publications including the Globe and Mail, CTV News National, Global News, CBC National, Flare Magazine as well as local news stations across the country.

Over the past 6 months, we've also made a major debut across multiple social media platforms. Since May, we've launched the following social channels:

- Facebook
- LinkedIn
- Instagram
- YouTube

# This year, we had a potential reach of over 925 million people and appeared in over 100 different media outlets.

In September, we hosted David Suzuki and the Nature of Things team, where they filmed a segment in StreetLab and DriverLab, to capture the effects of aging and highlight the importance of Toronto Rehab's falls and injury prevention research. The episode is expected to air in February 2020 on CBC.

CBC's The National also covered a story about Dr. Andrea Furlan and Echo Pain, filming a session that trains clinicians across Canada on opioid use. This story was published in the beginning of November.

Recently, we also invited Doors Open Toronto to take a tour of our CEAL facility, and have since been a confirmed participant. In May 2020, thousands of people across the city will see and experience CEAL for themselves.

# **TOP SOURCES**























# Facial-recognition technology may help detect pain in patients with severe dementia

Dr. Babak Taati, Geriatrics - The Globe and Mail

# Ontario boosts money for home and community care to alleviate hospital overcrowding

Hillcrest Reactivation Centre - Toronto Star

# TOP CLINICAL STORIES

### On the state of Statins, Diabetes

Dr. Paul Oh, Cardiac rehab - The Agenda & Breakfast TV

# **Concussion Rates Higher than previously reported**

Dr. Mark Bayley and Laura Langer

### **Hope after Paralysis**

Danielle Kane, Spinal Cord Injury Rehab

# Echo Pain educates doctors on chronic pain management

Dr. Andrea Furlan, Muskuloskeletal Rehab

# TOP RESEARCH STORIES

# Winter boots and coat testing

WinterLab, CityLine

# **Falls prevention**

Dr. Alison Novak, CBC's The National

# **Cannabis and impairment**

Dr. Andrea Furlan, CBC Metro Morning

# **Sleep Apnea**

Dr. Geoff Fernie

### **Opioids & Pain**

Dr. Andrea Furlan on Saving Rabbit, CBC Docs

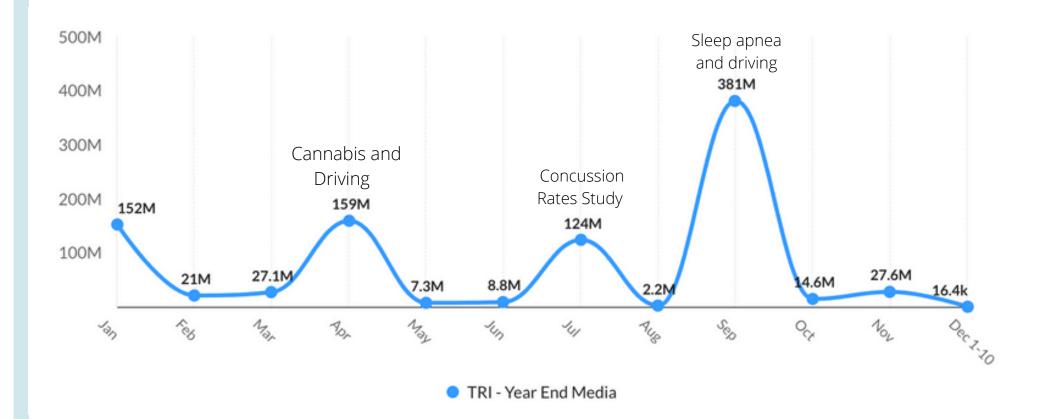
### **Smart textiles**

Bastien Moineau, CBC Radio Canada

# **Reactive Balance Training**

Liz Innes and Avril Mansfield, CTV News

# POTENTIAL REACH OF TRADITIONAL MEDIA COVERAGE



# TOP TWEETS THIS YEAR



DR.ALISON NOVAK ON FALLS PREVENTION

DELIVERING TOMORROW'S CARE

DR. MARK BAYLEY ON

5,916 impressions 156 engagements 38 likes 8 retweets DR. PAUL OH

SIGNS OF A HEART
ATTACK WITH DR.
PAUL OH

6,739 impressions
131 engagements
36 likes
13 retweets

8,601 impressions
195 engagements
38 likes
15 retweets



DR. MILOS POPOVIC RECEIVES ENGINEERING MEDAL OF LEADERSHIP

11,626 impressions
291 engagements
94 likes
15 retweets

MAYOR JOHN TORY
OPENS
REHABWEEK2019



13,618 impressions
131 engagements
31 likes
8 retweets



DR. MILOS POPOVIC IS
INDUCTED INTO
CANADIAN ACADEMY OF
ENGINEERING

9,709 impressions
155 engagements
65 likes
11 retweets



DR. PAUL OH ON CARDIAC HEALTH AND REHAB





NEW CUSTOM FOOD PROTOCOL

7,841 impressions
142 engagements
40 likes
11 retweets

8,442 impressions
113 engagements
21 likes
10 retweets

7,384 impressions
116 engagements
41 likes
13 retweets



OPIOIDPHOBIA AND CHRONIC PAIN WITH DR. ANDREA FURLAN

7,230 impressions
128 engagements
30 likes
15 retweets

OPIOID OVERDOSE CRISIS IN CANADA FEATURING DR. ANDREA FURLAN



4,581 impressions
54 engagements
13 likes
8 retweets

### **TOP BROADCAST STORIES OF 2019**

- CityLine Winter boot safety and winter coat testing WinterLab
- CTV Toronto Reactive Balance training Liz Innes and Avril Mansfield
- CBC Docs "Saving Rabbit" Dr. Andrea Furlan
- CP24 Concussion Rates **Dr. Mark Bayley and Laura Langer**
- CTV News HERO Glove & RehabWeek Aaron Yurkewich
- CTV News Calgary WinterLab
- The Agenda The state of statins **Dr. Paul Oh**
- CTV News Self-driving cars **Dr. Jennifer Campos**
- CTV News Falls Prevention Dr. Geoff Fernie
- CBC News- Opioidphobia **Dr. Andrea Furlan**
- Breakfast Television Diabetes and heart health Dr. Paul Oh

### **TOP RADIO STORIES OF 2019**

- CBC Metro Morning Marijuana and Impairment **Dr. Andrea Furlan**
- AM 640 Global News Radio Opioidphobia **Dr. Andrea Furlan**
- AM 800 Windsor Opioidphobia **Dr. Andrea Furlan**
- CBC Radio / Fresh Air **Dr.Geoff Fernie** on Falling and Injuries
- CBC Radio Canada RehabWeek Bastien Moineau
- Trucker Radio Sleep apnea Laura Gibson
- 102.9 The Drive Falls prevention
- CBC Radio Roadside THC Testing **Dr. Andrea Furlan**

## **MEDIA CLIPPINGS**



Facial-recognition technology may help detect pain in patients with severe dementia

WENCY LEUNG > HEALTH REPORTER PUBLISHED JUNE 16, 2019

# NATIONAL\*POST

NEWS - FULL COMMENT - SPORTS - CULTURE - LIFE - MORE - JOBS - CLASSIFIEDS - DRIVING - SUBSCRIBE - FINANCIAL POST - VIDEO

Ontario concussion rates higher than previously reported, study suggests



news

**Top Stories** 

Local

The National

Opinion

World

Canada

**Politics** 

**Indigenous** 

More 🗸

Health

'Opioidphobia' stigmatizes chronic pain sufferers, expert says



# TORONTO STAR (

Ontario concussion rates higher than previously reported, study suggests

### MOST SHARED ARTICLES ON SOCIAL MEDIA

CBC News - Canada · Kas Roussy CA | Feb 17 • 4:00 AM

### Preventing the next fall: Slips, stumbles and spills dangerous for seniors

's also taking part in a 12-week falls-prevention course at the Toronto Rehabilitation Institute. (Craig Chivers/CBC) "All right,"...

Social Echo 3 397 4.9k 60









#### CBC News - Canada

CA | Nov 3 · 4:00 AM

### 'Opioidphobia' stigmatizes chronic pain sufferers, expert says

At the Toronto Rehabilitation Institute, Dr. Andrea Furlan, a pain specialist, is holding a regular meeting with some of her...

Social Echo > 414 4.37k 62









#### Globe & Mail

CA | Jan 4 · 10:12 AM

#### A senior's resolution: no more falling in 2019

#### Toronto Rehab

Social Echo 🔰 329 📑 4.02k 💆 0









### MONEY · Alix Langone

US | Mar 27 · 2:53 PM

### These Real-Life 'Golden Girls' Moved in Together in Their 60s. Here's How They Make it Work

Louise Bardswich was in her late 50s and searching for a new retirement home for her mother when she realized living in any type of care...

With guidance from the Toronto Rehab Institute, they also outfitted the home for aging in place: They installed an elevator that...

Social Echo 🔰 57 📑 4.06k 💆 0







#### The Globe and Mail

Jan 7 · 3:31 PM

### A senior's resolution: No more falling down in 2019

That somebody could be Geoffrey Fernie, senior scientist and director of the research institute at the Toronto Rehabilitation Institute...

, senior scientist and director of the research institute at the Toronto Rehabilitation Institute (TRI), a part of University Health Network

Social Echo > 323 3.76k 60







### Toronto - CBC News

CA | Feb 10 • 4:00 AM

#### Why privatization is not the biggest issue with Ontario's health reforms

made up of Toronto General, Princess Margaret, Toronto Western and Toronto Rehab. Mergers would - in theory - bring costs savings...

Social Echo 🔰 542 【 2.18k 🍎 0







### GoErie.com · Jeff Kirik

US | May 10 • 2:01 AM

### 9 years after accident, Mercyhurst's Cameron to graduate

Former hockey graduate assistant to get master's degree years after becoming paralyzed Kristen Cameron's journey to her master's degree at.....

home. Ten days later, she was moved to the Toronto Rehabilitation Institute's Lyndhurst Centre, where she spent six months...











#### Health-CBC News

CA | Jul 11 • 1:53 PM

### Falls the main reason seniors head to hospital: injury report

scientist and falls prevention officer at the University Health Network and Toronto Rehabilitation Institute. "If you get older ...

Social Echo 99 11.67k 00







## **IN SUMMARY**

With over **925 million impressions**, **980 earned media stories**, **54 UHN News stories** and **mentions in over 100 different media outlets**, Toronto Rehab and The Kite Research Institute had widespread coverage in the media in 2019.

Our experts were at the forefront of a diverse set of stories about rehabilitation and were conducting interviews on national television and radio stations including CBC's The National and Metro Morning.

Our world-class programs, research and experts were featured on Breakfast Television, The Agenda with Steve Paikin, CityLine, Flare Magazine, CP24, Global News Radio, The Globe and Mail, CTV News, and many more outlets.

This year alone, we launched four new social media outlets and have grown them significantly. In May, we launched our LinkedIn page, where we now have over **6,500 followers**. On YouTube, we have a total of **13,855 impressions and 4,421 views** on our video uploads. (This does not include videos produced externally and published on other channels.) On Instagram, we have **250 highly engaged followers**, and on Twitter we have **2,850 followers** and reach thousands of people on average, per tweet.

In addition to our own social media promotional efforts, news stories were being shared by readers on their own social media platforms, further increasing reach and brand awareness. The top eight news stories based on shares were shared a total of 28,597 times.

In 2020, we look forward to Doors Open Toronto happening on May 23-24 as well as the airing of the Nature of Things episode where David Suzuki visits StreetLab and DriverLab.









